

# STORYHOUSE CHILDLESS

## Resource List

Not an exhaustive list but a selection to get you started...

- **Childless Collective** is a place of compassion and healing for childless not by choice women and non-binary people—a place for building friendships and finding peace and meaning again.
- **We are Childfree** is a large online and in person community for childfree people specifically.
- **Childless Men's Community** is a group on Facebook, providing community, connection and understanding for men.
- **Full Stop Community** is linked to the same-titled podcast and is dedicated to building cohesion and safety in the childless community.
- **Zero and Happy; Exploring Life Without Children** A blog written by Stuart - an advocate for living happily without children [bobbingalongchildless.blogspot.com](http://bobbingalongchildless.blogspot.com)
- **Gateway Women** is the advocacy work of Jody Day. Full to the brim of resources for those without children through infertility or circumstances.
- **World Childless Week** aims to raise awareness of the childless not by choice (cnbc) community and enable every childless person to share their story with confidence.
- **Ageing Without Children (AWOC)** this resource isn't limited to just those without children. It also includes those who's children have predeceased them, or who are estranged from their children, or whose children live far away. An advocacy group to ensure those most vulnerable are represented.
- **NoMo Book Club/Other Words** A space to support non-mother (NoMo) writers & readers - embracing authentic, independent & diverse women's stories with childless/childfree outlooks.
- **Life Without Children** is a home for stories about not having children, whether by choice or circumstance
- **The Non-Mum Network** pitches itself as mumsnot, the antithesis of mumsnet. A place for all non-mothers.
- **Chester Childfree/Childless Social group** An in person event at Storyhouse
- **Childless Collective Gatherings** An in person event at Storyhouse

Most of these websites include their own resource lists of books, podcasts, therapists, events and groups.

Please use the meeting room in Storyhouse to have some quiet time if needed. To talk to someone you can call Samaritans free on 116 123 / [www.samaritans.org](http://www.samaritans.org)